



St. Edmund's Girls' School



Wyvern College

July 2018

Dear Parent/Carer

Enrichment Choices for Terms 1&2 September to December 2018

Please find attached your child's enrichment Choices Form and Important Parent Information. The enrichment booklet and activity overview are available to view on the school website under Enrichment in the School Life section.

All girls currently taking part in Squads and Chamber Choir will automatically continue to do so for this term unless I hear otherwise.

Please note that the completed choice form should be returned to your child's tutor by Wednesday 11th July.

If you have any queries, please don't hesitate to contact me.

Ms T Parry
Enrichment Co-ordinator
tparry@st-edmunds.eu

Headteacher: Nicola Bull

Church Road, Laverstock, Salisbury, Wiltshire, SP1 1RE, Tel: 01722 500700

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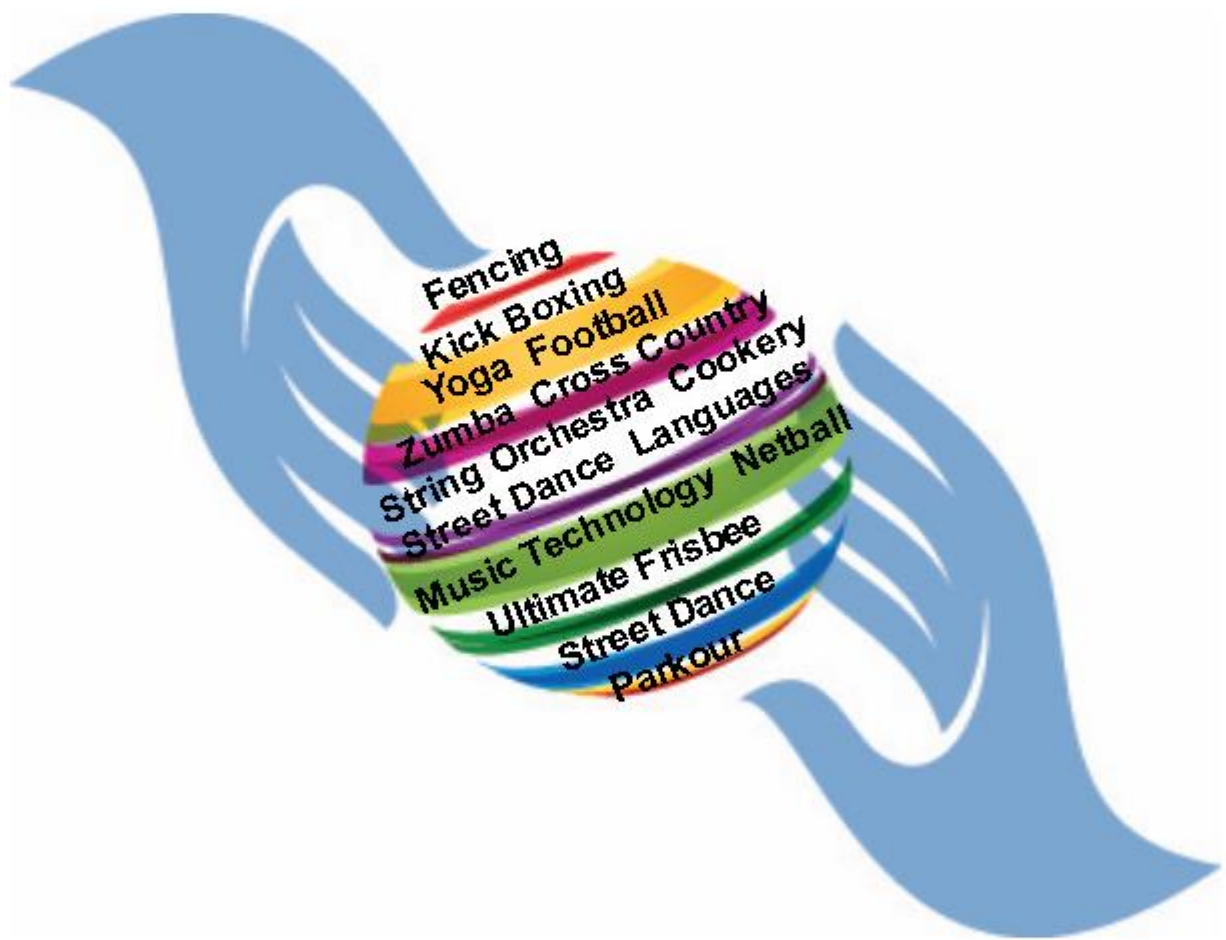
An exempt charity.



St. Edmund's Girls' School



Wyvern College



*September to
December
2018*

IMPORTANT PARENT INFORMATION

Before you sign the choices form, please consider the following:-

- If your child needs to be on the school site after 2.50pm they must be in an Enrichment Club or Homework/Games Club.
- If your child attends school that day, they must also attend the activity to which they have signed up.
- If your child is doing a sports or dance club they needs to wear their normal PE or dance kit for that activity.
- **Your child must attend for the duration of the term. If two weeks are missed with no letter of explanation, you will be emailed and your child will no longer be able to attend the club.**

If you have chosen an activity which requires payment, please make it through your ParentPay account by Monday 10 September. Once you have accessed ParentPay you will see Enrichments on the screen, which you need to select and make the appropriate payment. If you are unable to do this please contact Mrs Williams, the Assistant Business Manager.

If your child is entitled to free school meals, they are eligible to one free chargeable activity per term.

In the event that your child is not allocated a chargeable activity your payment will be refunded. Once your child has been allocated a place on a chargeable activity the payment is non-refundable unless the activity is withdrawn.

If you have any queries please contact Ms T Parry, Enrichment Co-ordinator at the school (tparry@st-edmunds.eu).

Please note that the main enrichment programme will start on Monday 10th September and finish on Friday 14th December. Homework/Games Club will start on Thursday 6th September and finish on Friday 20th December.

MONDAY			NOTE
Yoga - Girls	Fitness Suite	3-4pm	St Edmund's
Football - Girls	Field	3-4pm	St Edmund's
Cheernastics 10&11 GCSE- Girls	Gym	3:20-4.45/5pm	Invite only. St Edmund's
Zumba	Main Hall	3-4pm	Starts Monday 17 September
Cross Country	Field	3-4pm	
Music Technology	Music	3-4pm	
String Orchestra	Music	3-4pm	
Homework/Games	O2.4/O2.5	3-4pm	
Cookery	Cookery	3-5pm	
TUESDAY			
Netball Yrs 7,8,9&10 squads - Girls	Courts	3-4pm	St Edmund's – Trials will commence first week Sept.
Kickboxing Beginners	Dining Hall	3-4pm	
Basketball All Years	Wyvern SH	3-4pm	
Trampolining Yrs 10&11 - Girls	Gym	3-4pm	St Edmund's. Invite only
Sew What	O3.6	3-4pm	
Homework/Games	O2.4/O2.5	3-4pm	
Cookery	Cookery	3-5pm	
Felt Making	O3.5	3-5pm	
Choir - Girls	Music	3-4pm	St Edmund's
Chamber Choir - Girls	Music	4-5pm	St Edmund's
Football Yrs 7,8&9 - Boys	Field	3-4pm	Wyvern
Rugby Yrs 10&11 - Boys	Field	3-4pm	Wyvern
WEDNESDAY			
Badminton (All years)	Wyvern SH	3-4.40pm	Session 1 3-3.50pm. Squad 3.50-4.40pm
Netball Yr 9,10&11 - Girls	Courts	3-4pm	St Edmund's
Fencing (recreation) - Girls	Dining Hall	3-4pm	St Edmund's
Fencing (squad) - Girls	Dining Hall	4-5pm	St Edmund's
Trampolining (recreation) - Girls	Gym	3-4pm	St Edmund's
Trampolining (squad) - Girls	Gym	4-5pm	St Edmund's
Rockband Yrs 8,9,10,11	Music	3-4pm	
Homework/Games	O2.4/O2.5	3-4pm	
Cookery	Cookery	3-5pm	
THURSDAY			
Kickboxing Advanced - Girls	Dining Hall	3-4pm	For those who have been doing Kick Boxing before. St Edmunds
Netball Yrs 7&8 - Girls	Courts	3-4pm	St Edmund's
Football Yrs 10&11 - Boys	Field	3-4pm	Wyvern
Contact Rugby Yrs 9,10&11 - Girls	Field	3-4pm	St Edmund's
Rugby Yrs 7,8&9 - Boys	Field	3-4pm	Wyvern
French	M1.5	3-4pm	
Spanish	M1.4	3-4pm	
German	M1.3	3-4pm	
Street dance	Dance studio	3-4pm	
GCSE Dance - Girls	Main Hall	3-4pm	St Edmund's
Alice Course Yrs 7,8&9 - Girls	O1.4	3-4pm	St Edmunds. Not for those who have completed the course before
Team DT - Girls	O3.2	3-4pm	St Edmund's. Invite only
Yr 7 Science	W2.2	3-4pm	
Sew What	O3.6	3-4pm	
Homework/Games	O2.4/O2.5	3-4pm	
Felt Making	O3.5	3-5pm	
FRIDAY			
Ultimate Frisbee	Wyvern SH	3-4pm	
Fencing - Girls	Dining Hall	3-4pm	St Edmund's
Music Theory	Music	3-4pm	
Homework/Games	O2.4/O2.5	3-4pm	
Volleyball	Gym	3-4pm	

Monday 3.00 – 4.00

CROSS COUNTRY

Miss B Webb, Mr P Caruso, (Mrs J Green)

Room: Field

Number of Pupils: 40

One of the main focus sports in St Edmund's, why not be part of the team?



FOOTBALL – St Edmund's

Mr C Hart & Mr D Byrne

Room: Field

Number of Pupils: 30

This club is available to all students who would like to play football, whether as a team player or just for fun.



CHEERNASTICS GCSE – St Edmund's

Miss A Hayward

Room: Gym

You can get to perform acrobatic feats – leaps, flips, turns, handstands and more – on a piece of apparatus such as a balance beam, or with a piece of apparatus like a rope or ribbon.

Invite only.



YOGA – St Edmund's

Miss Rae

Room: Fitness Suite

Number of Pupils: 30

Focus on breathing, balance, stretching and releasing tension. Improve the health, performance, and mental sharpness of individuals interested in improving their level of fitness.



ZUMBA

Mrs K Pugh

Main Hall

Number of Pupils: 30

Zumba is very infectious and is definitely the latest, most exciting fitness sensation! What a fun way to workout.



HOMEWORK/GAMES CLUB

If you are on the school site after the end of the school day, but are not taking part in an enrichment activity, you have the following options

- Homework/Games – room O2.4/O2.5
- Homework requiring the use of a computer – room O2.4/O2.5

Please note that **you must** attend one of the above



MUSIC TECHNOLOGY

Mr M Ferguson

Room: Music

Number of Pupils: 16

Ever considered producing your own music? Ever wondered how DJs and musicians create beats? Ever wanted to record your songs for the world to hear? Then why not learn about Music Technology? Music Technology focuses on the equipment that is used by musicians to help them make music. If you would like to have a go creating music in this way, why not give Music Technology a go?



STRING ORCHESTRA

Miss S Trenchard

Room: Music

Number of Pupils: 25

This is open to string players of all abilities. We play a wide variety of music such as film and show themes, folk music and jazz. Please see Miss Trenchard for details.



Monday 3.00 – 5.00

COOKERY CLUB

Mrs T McInerney

Room: Cookery Suite

Number of Pupils: 16

Love food? Then come and have fun cooking lots of different sweet and savoury dishes.

Something new every week!

Cost: £15.00 per enrichment period.



Tuesday 3.00 – 4.00

CHOIR – St Edmund's

Mrs P Randall
Room: Music
Number of Pupils: 60

Everyone is welcome to join the choir. We sing all types of exciting music and get to perform in concerts. You don't need to have had any singing lessons or to have been in a choir before to join. Just come along and have a go. It is really good fun and everyone enjoys it.



HOMework/GAMES CLUB

If you are on the school site after the end of the school day, but are not taking part in an enrichment activity, you have the following options

- Homework/Games – room O2.4/O2.5
- Homework requiring the use of a computer – room O2.4/O2.5

Please note that **you must** attend one of the above.



KICK BOXING-BEGINNERS






Mr L Lashmar
Room: Dining Room
Number of Pupils: 30

Martial Arts Fitness classes combine elements from various Martial Arts backgrounds to bring you practical street wise self-defence, exciting pad work drills and high energy work outs guaranteed to get your pulse racing.

These classes will help improve your fitness, strength, stamina, flexibility, coordination and awareness whilst promoting a healthy lifestyle and essential life skills within a fun and friendly atmosphere.

The physical release combined with the natural endorphins produced by your body during this form of exercise will help alleviate stress and tension and promote a happier, healthier and more confident you.



<p><u>BASKETBALL</u> Mr G Newell Room: Wyvern Sports Hall Number of Pupils: 35</p> <p>If you enjoy playing basketball, or perhaps have never played before but would like to try, this club is for you.</p>	
<p><u>TRAMPOLINING (PE GCSE) – St Edmund’s</u> Miss B Webb Room: Gym Number of Pupils: 16</p> <p>This is for students who are doing Trampolining for their PE GCSE, please speak to Miss Adkins before you sign up.</p>	
<p><u>SEW WHAT!</u> Ms J Christie Room: O3.6 Number of Pupils: 10</p> <p>Using simple hand sewing techniques you will produce interesting and unique hand crafted items.</p> <p>Our focus is on longer projects which will allow you to produce more complex designs such as teddy bears, bunnies, cushions, door organisers and sleepover bags, using a wide range of fabrics, ribbons, embroidery thread, buttons and beads.</p> <p>This club is suitable for all abilities from beginners to experienced sewers, sign up and join us!</p> <p>Cost: £10.00 per enrichment period.</p>	
<p><u>NETBALL Yrs 7,8, 9 & 10 Squads – St Edmund’s</u> Miss H Adkins & Miss L Dyer Room: Netball Courts Number of Pupils: 35</p> <p>If you are part of the Year 7,8,9 or 10 squads you should choose this activity. Trials will commence first week of September.</p>	
<p><u>FOOTBALL Yrs 7-9 – Wyvern</u> Mr P Caruso, Mr W Elliott Room: Field Number of Pupils: 30</p> <p>This club is available to Years 7-9 students who would like to play football, whether as a team player or just for fun.</p>	

RUGBY Yrs 10-11 – Wyvern

Room: Field

Number of Pupils: 30

A free-flowing game that features a combination of strength, speed and strategy. Muddy and fun.



Tuesday 3.00 – 5.00

COOKERY CLUB

Mrs F McTeare

Room: Cookery Suite

Number of Pupils: 16

Love food? Then come and have fun cooking lots of different sweet and savoury dishes.

Something new every week!

Cost: £15.00 per enrichment period.



FELT MAKING

Mrs S Waters

Room: O3.5

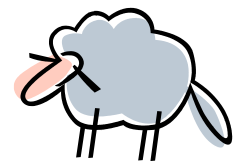
Number of Pupils: 16

Come and learn the ancient art of felt making. It's like painting, but with fibres! Turn dyed fleece into an array of great felted articles. No experience is necessary. Those new to the enrichment will learn the art of wet felting using warm soapy water and friction to bond the fibres together along with dry needle felting, where the fibres are entangled using a needle.

In the first few weeks you will learn to make flat felt pictures and beads, you will then progress to 3D work, such as bowls, phone cases, and pencil cases.

Once the basics have been learnt you are free to design and make whatever your imagination can come up with - hats, bags, scarves, slippers, cushions, felt jewellery and needle felted animals are to name a few.

Cost: £10.00 per enrichment period.



Tuesday 4.00 – 5.00

CHAMBER CHOIR - St Edmunds

Mrs P Randall
Room: Music
Number of Pupils: 25

This choir is for invited members only. Mrs Randall will ask you to join. You do have to sing in the main choir as well. So if you are interested, join the main choir and work your way up to the smaller chamber choir.

Please note that if you are in the chamber choir you must also sign up for the main choir.



Wednesday 3.00 – 3.50

BADMINTON

Mr S Woodhouse
Room: Wyvern Sports Hall
Number of Pupils: 20

This is available to all students who would like to get involved in badminton and are not in the squad.



Wednesday 3.00 – 4.00

FENCING – St Edmund's

Mr G Evans
Room: Dining Room
Number of Pupils: 12

If you are reluctant to take part in team games you may enjoy the individuality of fencing. The course will be very practical in nature and help to improve skill levels, coordination and general fitness. Equipment and protective clothing will be supplied.

This session is **NOT** for squad members.



HOMEWORK/GAMES CLUB

If you are on the school site after the end of the school day, but are not taking part in an enrichment activity, you have the following options

- Homework/Games – room O2.4/O2.5
- Homework requiring the use of a computer – room O2.4/O2.5

Please note that **you must** attend one of the above



NETBALL YEAR 9,10 & 11 – St Edmund's

Miss H Adkins
Room: Netball Courts
Number of Pupils: 40

This club is available to Years 9, 10 & 11 pupils who would like to get involved in netball at St Edmund's whether as a team player or playing just for fun.



ROCK BAND YEAR 8, 9, 10 & 11

Mr M Ferguson
Room: Music
Number of Pupils: 20

Come and join this exciting music enrichment. Run by a specialist rock guitarist this is aimed at all players of electric/bass guitar, drum kit and rock style singers.

You will work on band skills and put together some pieces of your own choice. Depending on numbers we may split into smaller bands and work around the department putting your own music together. Come and give it a try!



TRAMPOLINING

TBC
Room: Gym
Number of Pupils: 15

If you are not in the trampolining squad and would like to have a go this is the club for you.

This session is **NOT** for squad members.



Wednesday 3.00 – 5.00

COOKERY CLUB

Mrs F McTeare
Room: Cookery Suite
Number of Pupils: 16

Love food? Then come and have fun cooking lots of different sweet and savoury dishes.

Something new every week!

Cost: £15.00 per enrichment period.



Wednesday 3.50 – 4.40

BADMINTON (SQUAD) – St Edmund's

Mr S Woodhouse
Room: Wyvern Sports Hall
Number of Pupils: 15

This is for students who are in the squad.



Wednesday 4.00 – 5.00

FENCING (SQUAD) – St Edmund's

Mr G Evans
Room: Dining Room
Number of Pupils: 12

If you are in the fencing squad, you should choose this activity.



TRAMPOLINING (SQUAD) – St Edmund's

Mrs S Burt
Room: Gym
Number of Pupils: 16

If you are in the trampoline squad you should choose this activity.



Thursday 3.00 – 4.00

HOMEWORK/GAMES CLUB

If you are on the school site after the end of the school day, but are not taking part in an enrichment activity, you have the following options

- Homework/Games – room O2.4/O2.5
- Homework requiring the use of a computer – room O2.4/O2.5

Please note that **you must** attend one of the above



THE ALICE COURSE YEAR 7, 8 & 9 – St Edmund's

Sophie or Jen in Student Support

Room: O1.4

Number of Pupils: 20

The Alice Course is for anyone who desires to become the best version of themselves!

Each week we'll go on a journey exploring the highs and lows of your teenage years. The course is full of fun activities, great conversation and is a relaxed place to be with your friends at the end of your day.

We want to create a space for us all to chat together over hot chocolate and snacks, hear what it's really like to be you and how we can journey together to become all that you want to be.

The course is run by The Bridge Project and so led by your Lay Chaplain. If you would like to know more please speak to Sophie or Jen in Student Support.

Not for those that have already completed an Alice Course before.



KICK BOXING-ADVANCED – St Edmund's

Mr L Lashmar






Room: Dining Room




Number of Pupils: 30




Have you started to master the Martial Arts Fitness class? If you want to continue and progress with the elements of various Martial Arts then this is the class for you.

These classes will help improve your fitness, strength, stamina, flexibility, coordination and awareness whilst promoting a healthy lifestyle and essential life skills within a fun and friendly atmosphere.

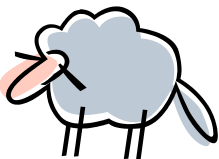


<p>This class is for those who have been doing Kick Boxing Enrichment Clubs already and want to learn more.</p>	
<p><u>FOOTBALL Yrs 10-11 – Wyvern</u> Mr W Elliott Room: Field Number of Pupils: 30</p> <p>This club is available to Years 10 & 11 students who would like to play football, whether as a team player or just for fun.</p>	
<p><u>CONTACT RUGBY Yr 9,10&11 – St Edmund’s</u> Mr D Byrne Room: Field</p> <p>Come and be part of the team training for the Schools Games.</p> <p>It’s fast, furious, fun and a little bit muddy.</p>	
<p><u>RUGBY Yrs 7-9– Wyvern</u> Mr C Briggs, Mr G Newell Room: Field Number of Pupils: 30</p> <p>A free-flowing game that features a combination of strength, speed and strategy. Muddy and fun.</p>	
<p><u>LANGUAGE CLUB (SPANISH)</u> Mr J Garvey Room: M1.4 Number of Pupils: 20</p> <p>Have you ever wanted to learn Spanish, but never had the chance? Do you like the idea of speaking 2 foreign languages? Would you like to learn about South American countries?</p> <p>Then come to the Spanish Enrichment club! You will be able to learn a fun extra language in a smaller group with like-minded individuals. The sessions will be open to all Year 7 students and will last one hour. You should be prepared to come every week and even to do a little bit of homework!</p>	
<p><u>LANGUAGE CLUB (GERMAN)</u> Mrs A Maxwell Room: M1.3 Number of Pupils: 20</p> <p>Are you interested in learning a completely different language? Would you like to learn about German, Swiss and Austrian culture? Do you like the idea of travelling in Europe?</p>	

<p>Then come to the German Enrichment club! You will be able to learn a second language in a smaller group with like-minded individuals. The sessions will be open to all Year 7 students and will last one hour. You should be prepared to come every week and even to do a little bit of homework!</p>	
<p><u>LANGUAGE CLUB (FRENCH)</u> Mrs A Garbett Room: M1.5 Number of Pupils: 20</p> <ul style="list-style-type: none"> • Do you like travelling abroad and speaking different languages? • Would you like to learn more about Francophone countries? • Are you interested in finding out about other cultures? <p>Then come to the French Enrichment club! You will be able to learn a second language in a friendly after school club.</p> <p>The sessions will be open to all Y7 students, who are not already studying French and will last one hour. You should be prepared to come every week and even to do a little bit of homework.</p>	
<p><u>NETBALL YEAR 7&8 – St Edmund’s</u> Miss H Adkins/Miss L Dyer Room: Netball Courts Number of Pupils: 35</p> <p>This club is available to Year 7&8 pupils who would like to get involved in netball at St Edmund’s whether as a team player or playing just for fun.</p>	
<p><u>SEW WHAT!</u> Ms J Christie Room: O3.6 Number of Pupils: 10</p> <p>Using simple hand sewing techniques you will produce interesting and unique hand crafted items.</p> <p>Our focus is on longer projects which will allow you to produce more complex designs such as teddy bears, bunnies, cushions, door organisers and sleepover bags, using a wide range of fabrics, ribbons, embroidery thread, buttons and beads.</p> <p>This club is suitable for all abilities from beginners to experienced sewers, sign up and join us!</p> <p>Cost: £10.00 per enrichment period.</p>	

<p><u>STREET DANCE</u> Mrs J Landon Room: Dance/Dance Studio Number of Pupils: 30</p> <p>If you would like to have a go at breaking, locking and popping this is the dance class for you.</p>	
<p><u>TEAM DT</u> Miss S Hubbard and Mrs N Cummings Room: O3.2</p> <p>Invite only Enrichment Club to challenge and enthuse G&T pupils in Design Technology through a range of activities encompassing Food Technology, Textiles, Product Design and STEM.</p> <p>Cost: £10.00 per enrichment period.</p>	<p>#Team DT</p>
<p><u>YEAR 7 SCIENCE CLUB</u> Mr P Cutts Room: W2.2 Number of Pupils:20</p> <p>Extend and challenge your scientific thinking! This enrichment activity is a fun, interactive, practical club for enthusiastic Year 7 Scientists.</p>	
<p><u>YEAR 10 DANCE</u> Mrs S Hayakawa Room: Hall</p> <p>These are KS4 Dance Companies linked to GCSE Dance, invited pupils only.</p> <p>Students will be working on projects which will build up to both school and community performances.</p>	

Thursday 3.00 – 5.00

<p><u>FELT MAKING</u> Mrs S Waters Room: O3.5 Number of Pupils: 16</p> <p>Come and learn the ancient art of felt making. It's like painting, but with fibres! Turn dyed fleece into an array of great felted articles. No experience is necessary. Those new to the enrichment will learn the art of wet felting using warm soapy water and friction to bond the fibres together along with dry needle felting, where the fibres are entangled using a needle.</p>	
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In the first few weeks you will learn to make flat felt pictures and beads, you will then progress to 3D work, such as bowls, phone cases, and pencil cases.

Once the basics have been learnt you are free to design and make whatever your imagination can come up with - hats, bags, scarves, slippers, cushions, felt jewellery and needle felted animals are to name a few.

Cost: £10.00 per enrichment period.

Friday 3.00 – 4.00

ULTIMATE FRISBEE

Mr J Usherwood
Room: Wyvern SH
Number of Pupils: 20

Ultimate frisbee, is a non-contact team sport played by players with a Frisbee. It is played with a large team but with only 5-7 players on each team playing at a time. It is fast paced and great fun once you have mastered the art of throwing and catching a Frisbee.



FENCING

Mr G Evans
Room: Dining Room
Number of Pupils: 12

If you are reluctant to take part in team games you may enjoy the individuality of fencing. The course will be very practical in nature and help to improve skill levels, coordination and general fitness. Equipment and protective clothing will be supplied.

This club is also suitable for squad members



HOMEWORK/GAMES CLUB

If you are on the school site after the end of the school day, but are not taking part in an enrichment activity, you have the following options

- Homework/Games – room TBC
- Homework requiring the use of a computer – room TBC

Please note that **you must** attend one of the above



MUSIC THEORY

Mrs Ritchie

Room: Music

This session is open to all pupils who are working towards a music theory exam. Whether you are thinking about taking your grade 1 or preparing to take your grade 5 this will help.

Or perhaps you are doing GCSE music and would like extra help with the theory side of the course?



VOLLEYBALL

SSgt J Postance

Room: Gym

Volleyball is a fast moving team sport, come and learn how to block, spike and dig.



Enrichment Choices Form: Terms 1&2 September to December 2018

Name..... **Sept '18 Tutor group**

1. If you would like to go home rather than do an enrichment club, write **'HOME'** in the **1st Choice box for that day.**

2. This form must be completed and returned to your tutor **with a parent/carer signature, by Wednesday 11th July. SQUAD OR CHAMBER CHOIR AUTOMATICALLY CONTINUE**

	1st Choice Time/Cost	2nd Choice Time/Cost	3rd Choice Time/Cost	4th Choice Time/Cost	5th Choice Time/Cost
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					

I have paid £ through ParentPay/I have contacted Mrs Williams

Signed: (parent/carer) Print Name: Date:

*** Please read important information above before signing**