



Wyvern St Edmund's
Learning Campus

How can I help my child prepare for Wyvern St Edmund's?

1. Have confidence in them! Let them take on tasks you might previously have helped with e.g. let them cook a meal or do laundry.
2. LISTEN to them – don't tell them how they feel or offer unwanted advice. Listen so your child will talk to you.
3. Increase their independence – let them plan a family walk or prepare a packed lunch alone.
4. Talk to them about phones and social media. Agree when phones will be turned off and that they will be charged downstairs. See the picture below for age guidance on social media platforms.
5. Increase their knowledge – encourage them to read the news or to watch Newsround. Ask them their opinions on news events.
6. Help them plan e.g. name their school equipment together. Work out what will go in which pocket/bag so they feel organised. Remind them to pack bag the night before.
7. Work out what they will do if something goes wrong e.g. if they forget something or miss the bus. A plan will mean fewer worries.
8. Contact other children who live nearby going to the same school. Ensuring that Government guidelines on social distancing are followed, perhaps plan a socially distanced picnic together?
9. Practice changing for PE and folding clothes, so they don't get lost.
10. Remind them it's going to be their time to shine and to 'find their talent'!

We can't wait to see them!

